Absecon Presbyterian Church

PRESBY BITS AND PIECES

Sunday, February 11, 2024

1 CORINTHIANS 13:4-8a

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends.



JEAN DELESANTRO Graveside service will be held on Saturday, February 17, at 12:00 noon. *******



The Deacons would like to thank everyone for their contributions to the Deacons last year. They would not have been able to do all they did without your gifts--meals at Easter, Thanksgiving and Christmas; homemade soups and breads; and so much more help which is offered.

Please put your name or weekly envelope number on the Deacons envelopes so that the Treasurer will be able to record the gift properly. Thank you.

SERVING THIS MORNING:

LAY ASSISTANT: Bill Keener

USHERS: Barb and Bob Hudak

ATTENDANCE LAST WEEK:

Worship – 45 Sunday School - 10

SUNDAY WORSHIP

at 10:30 In Person or Online on APC Facebook page at www.facebook.com/ abseconpresby

REV. JIM SHANLEY

is with us again this Sunday as our Temporary Pulpit Supply Minister

SERMON TITLE:

"Try the Kingdom"

1 Corinthians 13:1-13

UPCOMING EVENTS

ADULT BIBLE STUDY GROUPS

Wednesday mornings at 11:00 am with Rita Abelson Wednesday evenings at 6:30 with Tina Harvey *******

BLOOD DRIVE

Wednesday, February 7, 2024 1:00 pm - 6:00pm *******

ANNUAL CONGREGATIONIAL MEETING

Sunday, February 11, 2024 Luncheon immediately following the meeting *******

JEAN DELESANTRO

Graveside service will be held on Saturday, February 17, 2024 at 12:00 noon. *******

BLOOD DRIVE

Monday, March 18, 2024 1:00 pm - 6:00pm *******



Prayers of the People

Each week the people of God at APC join in prayers of thanksgiving, praise and petition to pray as one community for needs in the church. Praying for others keeps our focus outward and opens us up to know the will of God in our own lives. Consider making these prayer lists part of your daily prayer life. Doing so, may just help your feelings of isolation. Through prayer, the Holy Spirit brings others, even strangers, closer to you.

Please Keep These Requests In Prayer

The prayer book is on the table in the vestibule by the side entrance to the sanctuary. Please write any requests/praise items you wish to be included in prayer during worship. Keep in mind that Facebook comments and requests read by the minister during worship are being recorded for broadcast and can be heard by the general public worldwide. For the privacy of those you are praying for, consider using just a first name or making your prayer requests general in nature.

- * For victims of gun violence and their families
- * Peace in Ukraine, Middle East and other countries experiencing conflicts.
- * Members of our armed services.
- * For confidence to know that in the struggle, God is with us.
- * For renewed commitment to God's purpose in us all.
- * For us to come together in the bond of self-giving love.
- * For renewed energy in finding our place in God's church, as people who pray, share and volunteer.
- * For wisdom and discernment when facing the unknown.
- For God's church to embrace the poor and marginalized, to see God's image and be God's image in this broken world.
- * For a revival in our faith to live boldly for God's Kingdom.
- * For these individuals and families in acute need right now who are connected to your church in Absecon.
- * For those on our standing prayer list and for the needs of your church not listed here, including those intentions held in our hearts and those shared in the comments of Facebook.

For these the individuals and families in acute need right now who are connected to your church in Absecon:

Skip and Sarah Belino, Kathy Bordanora, Maddie Caracozzo, The Carpenter Family, Chip Channell, Don Croneberger, The Family of Jean Delesantro, Robin Deaver, Baby Dom, Jerry Falivene, Cathy Follansbee, Billy Fornwalt, Wendy Garwood, Christoper Green, Carol and Dave Guenther, Margareta Gustafasson, John Harvey, Jack and Dee Heil, The Hughes Family, Carol Crisafulli Johnson, Susan Lobrano, Bob Kitchell, Walter Koteles, Sr. Carol McDowell, Jim McManus, The Morris Family, Lisa Nagle, Jan Rogiers, The Family of Minerva Stadlmeir, Dave Stebbins, Judy Stebbins, Sandy Sylvester, Ann Marie Taggart, Stan Weir, The Family of Richard Wood.

Continued prayers always for:

Rita Abelson, Kathy Boyte, Edith Budd, Emilia Carboy, Lucy Cronberger, Darryl, Khristen and Quetin, Olga Davies, Carol DeLaurentis, Marie C. and Carmen Devece, Gail Driscoll, Kavonna and Essence, Dorie Keener, Eric Lajeuness, Aiden and Wendy Licolli, Marge Loeb, Robin McBrearty, JoAnn Morgan, Essie Newell, Rob Perry, Joyce Pfeiffer, Marilyn Rosado, Irene Smith, Georgina Umoren, Mary Umoren and Family, Ethel Washington, Frances Weir, Dirk Williamson

PRAYER SHAWL GROUP

The Prayer Shawl Group meets the first Saturday of every month at 9:30am in Madden Hall. All are invited who enjoy knitting or crocheting or who would like to learn.

Please join us for *Coffee Mingle*

All are welcome to gather in Madden Hall following Sunday worship.

Brought to you by your Church Family and Fellowship Committee.

Help is needed with set up, clean up, and

providing baked goods, cookies, etc. If you are able to assist in any way please sign up on the clipboard in the vestibule.



Sunday, January 28, 2024 and January online giving

General Envelopes Undesignat- ed (includes Loose Of- ferings)	\$1,034.43
Envelopes Designated	\$914.00
Initial Offering - 2024 Per Capita - 2024 Energy Christmas Gifts	\$2.00 \$114.00 \$50.00
Online - Undesignated Online - Designated Online - Per Capita General Total	\$2,562.99 \$24.54 \$37.42 \$4,739.38
Benevolence Envelopes Undesignat- ed (includes Loose Of- ferings)	\$118.90
Envelopes Designated	\$25.00
Online - Undesignated Online - Designated Online - One Great Hour of Sharing Mission Bouquet	\$294.63
Benevolence Total	\$438.53
Capital Expenditures Envelopes Undesignat- ed (includes Loose Of-	
ferings)	\$35.67
Envelopes Designated	\$225.00
Online - Undesignated Online - Designated	\$88.38
Capital Total	\$349.05
Combined Total	\$5,526.96

Word Search Puzzle

From WhenWeWordSearch.com Words in a straight line left to right or top to bottom

February 11, 2024

1 CORINTHIANS 13:4-8a



Words in the puzzle are printed in **bold italics**

Love is *patient*; love is *kind*; love is not *envious* or *boastful* or *arrogant* or *rude*. It does not *insist* on its *own way*; it is not *irritable* or *resentful*; it does not rejoice in *wrongdoing*, but *rejoices* in the *truth*. It *bears* all *things*, *believes* all things, *hopes* all things, *endures* all things. Love never *ends*.



OLGA DAVIES

Olga's eyesight is failing. If you would like to call or visit, her new address is: Meadowview Nursing Home Room #182A Northfield, NJ 08225 609-645-5595

MARGE LOEB

If anyone would like to send Marge a card, her new address is: Marge Loeb, Floral Creek Room 25A 600 Township Line Road, Yardley, PA 19067

DON CRONBERGER

If anyone would like to send Don a card, his new address is: Don Cronberger, c/o Spring Home at Galloway Room D9, Galloway, NJ 08205 **American Red Cross**

Give blood. Help save lives.



Blood Drive Lolla Chiropractic Center Absecon Presbyterian Church

Hall 208 New Jersey Ave. Absecon, NJ 08201

Wednesday, February 7, 2024 1:00 p.m. to 6:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: Lolla Chiro to schedule an appointment.

> Share your heart! Come give in Feb. for a \$20 Amazon.com Gift Card by email. See rcblood.org/heart

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

@2017 The American National Red Cross

American Red Cross

Give blood. Help save lives.

Blood Drive Absecon Presbyterian Church

Hall 208 New Jersey Ave. Absecon, NJ 08201

Monday, March 18, 2024 1:00 p.m. to 6:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: APC to schedule an appointment.

Maximize your blood donation. Help more patients. If you are an eligible type O, B - or A - donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.

> Come to give March 1-24 for a \$10 e-gift card to a pet supply merchant of choice! Give blood, treat your pet & make a paw-sitive impact this spring. PLUS automatically be entered for a chance to win a \$3K gift card (5 winners)! Terms: rcblood.org/Pets.

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

@2017 The American National Red Cross

Sister Jean's Food & Clothing Pantry

Believe it or not, the otherwise helpful government program SNAP, does not cover these essentials !?!

There is a big demand for dish soap and toilet paper and other cleaning products. They need the sizes for home use, not bulk containers as these are for individuals. Even just grabbing a few items at a dollar store will help. Don't forget dish cloths and sponges... you know, the essentials.





Please help replenish our homemade soups and breads for our shut-in members.

LABEL your soups and breads and please, DO NOT use nuts in your receipes as many people have an allergy to them. Please put DATE on label.





Atlantic County Division of Public Health Newsletter Winter 2023

Tips for Healthy Eating on a Budget Get the biggest nutrition bang for your buck

• Plan out a few meals for the week and make your shopping list based on these ingredients.

 Choose meatless meals. Plant proteins such as beans and tofu are generally more affordable than meats and fish.

• Don't shop on an empty stomach. Munch on a piece of fruit or some nuts before entering the store.

 Allow for flexibility in your shopping list if fresh produce or poultry and fish are on sale, purchase extra quantities and freeze them for later use. Meats, fish, bananas, berries, avocados, broccoli, cauliflower, and corn freeze well.

· Purchase nonperishable foods in bulk. It may cost more upfront to buy "family-sized" products like whole grains, lentils, and dried beans, but the cost per unit is usually cheaper.

• Buy store-brand items. They're generally cheaper because less money is spent on advertising and fancy food labels.

• Use what you have before buying more. Take inventory of all the food in your kitchen twice a month. Bring forward the buried items and plan meals based on these ingredients.

> **Free Flu** Vaccination for adults 18 years and older No appointment needed

Walk-In Tuesdays 9am - 12noon 201 S. Shore Rd, Northfield

Walk-In 3rd Tuesday 10am - 12noon 310 Bellevue Ave, Hammonton

Pediatric Flu Vaccination for children 6 months –18 years old Available by appointment. Call 609-645-5933

Low cost. nutritious foods: Proteins

Beans, Peas, Lentils (dried, frozen, canned) Canned fish (tuna, salmon, sardines) Lean ground turkey, Chicken thighs (remove the skin) Peanut butter, Low-fat cottage cheese Tofu, Eggs

Produce

Leafy greens (kale, collards) Whole heads of lettuce or cabbage Broccoli, Radishes, Carrots Apples, Bananas Frozen unsweetened fruit Frozen or canned vegetables (no salt added)

Whole grains and pastas

Store-brand high-fiber cereals (plain shredded wheat, bran) Whole rolled oats Whole grains (brown rice, millet, barley, bulgur) Whole grain pasta

Snacks

Peanuts, Popcorn cooked in an air-popper, String cheese

Beat the Winter Blues

Feeling sad when the weather and seasons change is common. To beat the winter blues, get moving. 20 minutes of activity four times a week has been shown to lift your mood. Get out in the sunlight or brightly lit spaces, especially early in the day. Set your alarm clock and stick to a sleep routine. Try to spend time with family and friends. Eat healthy foods and avoid overloading on sugar and carbohydrates like cookies and candies.

See a mental health professional if sadness doesn't go away or interferes with your daily life. For mental health resources visit www.mhaac.info. If you or someone you know is struggling or having thoughts of suicide, call or text the Suicide and Crisis Lifeline at 988 or chat at 988lifeline.org. In life-threatening situations, call 911.



It's not too late

to get your Flu Shot

Protect Yourself

and Others

Atlantic County Division of Public Health: Working for Healthy People and Healthy Communities Atlantic County Board of Commissioners John W. Risley, Jr. Chairman Atlantic County Executive Dennis Levinson